

Dr Darren Waters

MBBS, FRACS

Orthopaedic Surgeon

APPOINTMENTS AND ENQUIRIES

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Specialising in
Sports injury
Hip, knee & ankle surgery
Shoulder injury
Reconstructive surgery
Minimally invasive surgery

Consulting from
Ashford
Bedford Park
Henley Beach
North Adelaide

An experienced orthopaedic surgeon, Dr Darren Waters has a special interest in reconstructive knee, shoulder and ankle surgery. He is focused on research and, notably, created an intra-medullary fixation device (with Dr Anthony Ingman, Austofix) in 1991 that subsequently led to the development of the widely used 'Humeral Nail'. He has continued his research, with interests in the management of frozen shoulder, and instability surgeries of the shoulder, knee and ankle, and multi modal pain therapy education.

A founding member of Orthopaedics SA, Dr Waters has introduced a range of patient centric services to support fast and convenient appointments. He runs an 'acute knee and shoulder' service, consults privately from four of Orthopaedics SA's locations (North Adelaide, Ashford, Bedford Park and Henley Beach), and operates from Memorial, Ashford, Flinders Private, St Andrews and Western Hospitals. He is a former long-term Director of the Sports Injury Service at the Queen Elizabeth Hospital.

Dr Waters graduated from Flinders University, then gained Fellowship of the Royal Australasian College of Surgeons in 1993. He completed two additional fellowships; the first at North Shore Hospital (Sydney) under the guidance of Dr Michael Tonkin, President of the Hand Surgery Society of Australia, on hand and microvascular surgery. The second, with Perth Orthopaedic and Sports Medicine Centre and the renowned Dr Keith Holt and Greg Witherow, was in sports medicine, focusing on reconstructive knee, shoulder and ankle surgery. He visited centres of excellence in knee and shoulder injury management in the USA and Australia and, more recently, in Paris, London and Zurich to further explore minimally invasive hip and knee surgery, and minimally invasive shoulder arthroplasty.

To learn more about Dr Waters,
visit www.orthosa.com.au/dwaters.

About Orthopaedics SA

The 22 specialists of Orthopaedics SA represent the largest private orthopaedic group in South Australia, providing expert medical care for patients of all ages. We treat bone and joint problems relating to arthritis, degenerative conditions, sports injuries, trauma, fractures and genetics.

Should a patient require surgery, we tailor our evidence based approach to each individual. Our surgeons are leaders in joint replacement and arthritis surgery, as well as innovators in minimally-invasive and arthroscopic surgery.